

Camera di Commercio  
Gran Sasso d'Italia



# XO

eXtreme - Olympic

3<sup>rd</sup> edition 19 july 2025



# RACE BRIEFING

## eagleXman X-Olympic

1.5 – 46 - 6



**19<sup>th</sup> July 2025**

last update: 08 July 2025

[www.eaglexman.com](http://www.eaglexman.com)



**SCHEDULE**



**RACE BAGS**



**RACE PHASES**



**LIVE TRACKING**



**MANDATORY  
GEAR**



**FINISH & AWARDS**



**RACE KIT**



**SUPPORT  
TEAM**



**RECAP**



**QUICK  
LINKS**



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# Race Schedule

**Friday 18 July 2025**

POSITION: LAT 42.4261623, 13.5272450 – click & navigate



**3.00PM - 6.30PM** race pack collection at Hotel Fiordigigli - Fonte Cerreto (AQ)

**3:00PM – 7:15PM MANDATORY GEAR CHECK AND RACE BAGS DROP OFF**

**7:15PM - 8.00PM** Mandatory Briefing Hotel Fiordigigli a Fonte Cerreto (AQ)



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# Race Schedule

**Saturday 19 July 2025**

POSITION: LAT 42.5282208, LON 13.3688218  
45' driving time from FONTE CERRETO – click & navigate



**07:00AM T1 opening**

**STRONGLY SUGGESTED TO USE A SHOES PAIR TO REACH T1 FROM SWIM EXIT**

**07:45AM T1 closing**

**THE SUPPORTER CAN ASSIST THE ATHLETE CHANGE - IT IS POSSIBLE TO CHANGE FULLY  
ONLY WITHIN THE TENT**

**08:00AM Race Start**

**X-O finishers medal awarding directly to the finish line**

**06:00PM Race Cutoff**



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# Live Tracking

You can follow the 3 eagleXman races participants by GPS Tracking  
«seteTRACK»





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# Race Kit

- Athlete and supporter bib#
- Stickers: bike, helmet, T1, T2, Finishline bags
- White swim cap
- Timing chip
- GPS tracker (given at Bike Check in the race morning - wear after swim)
- Post Finish Meal Voucher(only athlete)
- From finish to Fonte Cerreto descent voucher





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# Race Kit

1. Athlete race bib #
2. Race supporter team bib #
3. stickers kit: for bikes, for helmets



Stampo speciali  
per il mondo sportivo

[www.oto-srl.it](http://www.oto-srl.it)

### KIT ADESIVI PREFUSTELLATI PER TRIATHLON 32x15 cm

— dimensioni del foglio  
pre-fustellato  
— area di stampa/linea di pre-fustella/  
dimensione finale  
— posizione consigliata  
per numerazione

file supportati:  
pdf, jpg, tiff, ai, eps, psd

preferibilmente file vettoriali  
con font convertiti in tracciato  
oppure con risoluzione da 150 a 300 dpi

Bike Number



Numero Bib



International Triathlon Union  
ITU  
1986-2019



Adesivo Casco Frontale



Helmet Label Front



Helmet Label Left Side

Adesivo Casco Sinistro



Helmet Label Right Side

Adesivo Casco Destro

# 301

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ONLY WHO DARES MAY FLY

ANDREA ROSSI

# SUPPORTER

# 301

# XO

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ONLY WHO DARES MAY FLY

ANDREA ROSSI

CONTATTO DI EMERGENZA  
EMERGENCY CONTACT PERSON  
NOME NAME: .....  
MOBILE: .....





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## Race Kit

### BAG STICKERS

#### 4. Stickers for bags

T1 BAG LABEL. USE THE T1 BAG EXCLUSIVELY IF YOU DO NOT HAVE A RACE SUPPORTER - AFTER THE SWIM SECTION, COLLECT YOUR SWIMMING GEAR AND PUT IT IN THE T1 BAG - THE STAFF WILL COLLECT YOUR BAG AND PUT IT IN T2 AFTER THE RACE

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**T1 BAG**

ETICHETTA PER BORSA T1. USARE LA BORSA T1 SOLO SE NON SI DISPONE DI UN ACCOMPAGNATORE - DOPO LA FRAZIONE DI NUOTO, PONI NELLA SACCA TUTTA LA TUA ATTREZZATURA. LO STAFF TI CONSEGNERA' LA BORSA IN T2 DOPO LA FINE DELLA GARA

TRANSITION 1 BAG FOR THE  
BIKE GEAR – PROVIDED BY  
ORGANIZATION

T2 BAG LABEL. DELIVER IT TO THE RACE OFFICE ON FRIDAY UNTIL 08.00 PM. CONTAINS AT LEAST THE MANDATORY RUN EQUIPMENT:

Waterproof hood, Long-sleeved thermal shirt, Long Pants, Thermal hat or Buff, Working headlamp, Mobile phone, GPS, Reusable cup, Water reserve, Food reserve, Survival sheet Whistle

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**T2 BAG**

ETICHETTA PER BORSA T2. CONSEGNARE IL VENERDI' IN SEGRETERIA ENTRO LE 20.00 CONTIENE ALMENO IL MATERIALE OBBLIGATORIO:

Giacca a vento, Maglia termica a maniche lunghe, Pantaloni lunghi, Cappello termico o Buff, Lampada frontale funzionante, Telefono cellulare, GPS, Bicchieri riutilizzabili, Riserva d'acqua, Riserva alimentare, Telo di sopravvivenza, Fischietto

TRANSITION 2 BAG FOR THE  
RUN GEAR – **NOT PROVIDED** BY  
ORGANIZATION

FINISH BAG LABEL. PUT INSIDE YOUR POST FINISH GEAR - WE ALSO RECOMMEND TO PROVIDE ALSO A THERMAL JACKET

**XO**  
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**FINISH BAG**

ETICHETTA PER BORSA ARRIVO. USALA PER IL VESTIARIO POST GARA - E' ANCHE RACCOMANDATA UNA GIACCA TERMICA

FINISH LINE BAG FOR THE  
POST FINISH GEAR – **NOT PROVIDED** BY ORGANIZATION



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# Race Kit

## 5. Swimming cap





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## Race Kit

6. Time detection chip **anklet not provided but available at the race office**
7. GPS tracker **[MANDATORY to wear BUT only in T1 after the swimming leg]**



GPS: wear it only after swim!!





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# Race Kit

8. 1 post finish meal ticket to be used at the "Ostello Lo Zio" refuge in Campo Imperatore  
**[Put it in the FINISH BAG]**
9. 1 voucher for descent by cable car or cab from Campo Imperatore to Fonte Cerreto  
**[Put it in the FINISH BAG]**





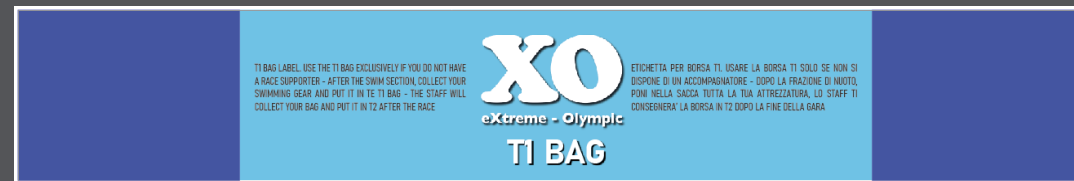
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# Race Bags

**T1 BAG:** The organization will enclose the bag and the following sticker, use it to collect your swimming gears after swim

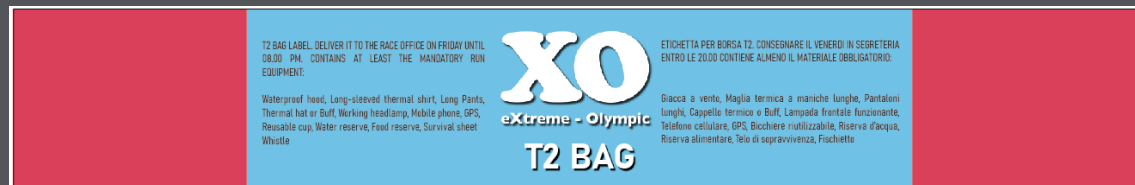


**T2 BAG:** personal bag, Include run and mandatory equipment

**Drop-off by Friday 7:15PM**

**Or by the race morning**

**STICKER TO APPEAR ON TO T2 BAG**



**FINISH BAG:** personal, with post-race clothes

**Drop-off by Friday 7:15PM**

**Or by the race morning**

**STICKER TO APPEAR ON TO FINISH BAG**





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# Mandatory Gear

## MANDATORY EQUIPMENT

### SWIM

- Wetsuit is mandatory

### BIKE

- Rear light
- GPS tracker (provided by the organization)
- Full of charge mobile phone
- Approved helmet and BIB# clearly visible from the rear
- Food and Beverage
- Waterproof jacket
- Tyre repairing kit

The athlete's mandatory equipment can also be transported by the supporter





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# Mandatory Gear

## RUN

Below is the list of mandatory material to be included in BAG T2 and subject to verification at the race Race Office by 7:15PM on Friday 18 July

For the last 6 km of the race, the following are compulsory for the **athlete**:

- Waterproof \* and breathable \*\* windbreaker with hood, suitable for bad weather conditions in the mountains (GoreTex material highly recommended; \* minimum 10,000 mm of water column; \*\* RET less than 13)
  - the jacket must necessarily have an integrated hood
  - the seams must be watertight
  - the jacket must not have parts with permeable fabric
- Long-sleeved thermal shirt
- Long Pants
- Thermal hat or Buff
- Working headlamp
- Mobile phone, which guarantees autonomy of at least 10 hours: the runner must be reachable at any time before, during and after the race.
- GPS tracker provided by the organization
- Reusable cup (glasses will NOT be given to run refreshments)
- Water reserve
- Food reserve
- Survival sheet
- Whistle

The athlete's mandatory equipment can also be transported by the supporter



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# Support Team

- Recommended for last 6 km of the run
- Possible only on safe stop areas during Bike
- May carry athlete gear
- **Must wear and show the bib#,**



ANDREA ROSSI

CONTATTO DI EMERGENZA  
EMERGENCY CONTACT PERSON  
NOME NAME: .....  
MOBILE: .....



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# Race Phases

## TRANSITION CHECK-IN

The supporter can help the athlete to arrange the equipment, both before the race and in T1 where, it will be possible to recover all the athlete's material from the transition area. The race start defined at 8:00AM.





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# Race Phases

## SWIM / T1

The course is drawn over **one 1.5km counterclockwise lap**. 2 are the turning buoys to leave on your left. From the end of the swim you will enter the **shoes area that will allow you an easy transition to the actual T1**.

**CUTOFF SWIM TIME 09:00AM**



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# Race Phases

## BIKE

The bike course is strictly NO-DRAFT wake, it is forbidden to wake both between competitors and between athletes and other cyclists not in the race and, obviously, it is forbidden to do with accompanying cars. All staff are authorized, as day judge, to punish offenders with a STOP & GO



**THE RACE IS TOTALLY OPEN TO TRAFFIC COMPLYING WITH THE ROAD CODE**



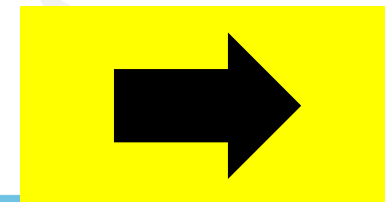
THE CYCLING CIRCUIT IS SCARLY COVERED BY TELEPHONE NETWORK, HOWEVER WE WILL HAVE OUR EMPLOYEES WHO WILL CARRY OUT CONTINUOUS PERLUSTRATIONS TO ENSURE THE REGULARITY OF THE RACE;

Assistance to the athlete **should only be performed when stationary**, in areas where the stop does not hinder circulation.

Refueling **cannot take place with the car running** and the same car **can neither follow nor precede the cyclist**.

On the entire bike route there is 1 refreshment point organized at kilometer at km 41st. The aid station is open from 8:00 to 11:30.

The **signage** is made with arrows as in the figure:





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## Race Phases

### BIKE

At km 7.5 a sign indicates the deviations of the race routes, turn left



AT THIS POINT, THE BIKE ROUTE TURNS LEFT AND CROSSES WITH THE BIKE ROUTE OF THE ATHLETES FURTHER AHEAD OF YOU.  
**eXtreme Olympic IS NOT A RACE LIKE ALL THE OTHERS! GIVE THE PRIORITY – RESPECT THE DRIVING CODE!**





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## Race Phases

### BIKE

At km 40 a sign indicates the deviation of the two race routes, **keep the left road** but **respect road code and the right driving side**





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## Race Phases

### BIKE

At km 46, about 200 meters after having turned left, as soon as you pass the square of the Gran Sasso cable car station, you will arrive in T2



**CUTOFF BIKE TIME 3:00 PM**



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# Race Phases

## BIKE/T2

The bikes **must be** deposited on the racks, and afterwards they **can be** taken over by the supporter. Here you will find T2 BAG, (the mandatory equipment will be re-checked at the run start).

### CHECK OUT BIKE

**At the end of the bike leg, the bicycle may be placed on the rack or immediately picked up by the supporter wearing the race bib.**

In any case, the bike must be collected by the athlete or the supporter **no later than 9:30 PM** at T2, which is located in the exact same spot.

POSITION: LAT: 42.426441, LON: 13.527214– click and navigate



From this point it is allowed to continue with the RUN SUPPORT TEAM.



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## Race Phases

### RUN

The run course is a **mountain path where trail shoes are suggested**. THE COURSE SIGNAGE IS MADE WITH THE FOLLOWING TAPE:



### “km 0”

The Run Start Point represents the crossing point near T2 where it is **NECESSARY TO PASS THE MANDATORY GEAR CHECK FOR THE FINAL 6KM ASCENT**. The check will be very fiscal as it is aimed at athlete safety. At this point, the health personnel can impose a forced stop at their own evaluation if some non safety conditions are detected.

**CUTOFF TIME km 6:00PM**





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## Race Phases

### RUN

Km 0 is located at T2, the same is also used as a refreshment and health check point and material for the last climb.





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## Race Phases

### AID STATIONS

**A** Aid Station in T2 km 0

**F** Tap Water km 4



 Salted and sweet snacks  
Tea/coke/water  
Fruit fresh and dehydrate  
Sport Gels/Sport Bars

 Water or Tap Water



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# Finish and Awards

## FINISH

At the end of the race you will be directed to the "lo Zio" Hostel to retrieve your **FINISHLINE BAG** and refresh yourself.

**CUTOFF TIME FINISHLINE 06:00PM**

### BEHAVIOR IN CASE OF WITHDRAWAL

It is the responsibility of the Athletes and their supporters to promptly notify the organization in the event of a withdrawal for any reason. The notice must be given to the operations center at Fonte Cerreto by calling +39 3661954011 or equivalent, using the following button:





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# Finish and Awards

## AWARDS

All athletes who reach the finish line will receive the medal awarding directly to the finishline







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## Quick Links





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# Final Recap

Check everything by Friday evening!

Double Check **MANDATORY** and **RECCOMENDED** items  
and behavior

**Join the mandatory briefing**

**Enjoy the most extreme Olympic triathlon experience!**

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ONLY  
WHO  
DARES  
MAY  
FLY



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